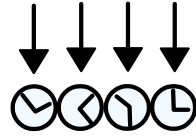


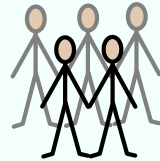
How to stay healthy



Washing my hands regularly



Trying not to touch my face



How to keep others healthy



Coughing or sneezing into my elbow



Putting tissues straight in the bin



Staying at home if I feel ill