

## Mental Health Support



We have 2 Mental Health First Aiders who are able to support staff to spot signs and symptoms of common mental health issues, provide non-judgmental support and reassurance, and guide the child or adult to seek professional support they may need. The school also has pupil mental health ambassadors who promote positive mental health in school. Bengeworth holds the gold standard for the Carnegie Mental Health award.

## Inclusion



We recognise the range of needs children can have and with the support of our Inclusion Team, ensure that we meet the individual learning needs of all our children through our excellent teaching and learning, providing differentiated work and a personalised approach.

Mrs Rachel Seneque, our Inclusion Lead, is a designated SLE for Inclusion, holds the National SENCo award and is Mental Health First Aid trained. She oversees support and provision for all groups of children to ensure they are making their best possible progress. She supports parents and carers and can refer to specialist agencies if a particular need is identified. Miss Elizabeth Lane is the school's SENCo who also holds the National SENCo award and is Mental Health First Aid trained.

In recognition of its promotion of exemplary inclusive practice, Bengeworth has been awarded the Inclusion Quality Mark 'Flagship Status'.

## Trauma Informed Schools (TISUK)



Mrs Seneque, our MAT Inclusion Lead, has also completed a Level 5 Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner status). Our Heads of School, Mrs Shaw (DSL) and Mrs Potter (DDSL), have undertaken the two day training demonstrating the level of importance placed by leaders at Bengeworth Academy on this informed approach, in addition to the impact it can have on supporting our children. All staff have an awareness of the impact of trauma and how to support children who have suffered adverse childhood experiences (ACEs).

**If you would like further support our information about any of the Early Help services on offer, the following staff will be happy to answer any questions you may have. Please contact them using the school telephone number below:**

**Mrs Kirsty Shaw - Head of School (Burford Road setting) and Designated Safeguarding Lead (DSL)**

**Mrs Jane Wadmore - Family Support Professional and Deputy Designated Safeguarding Lead (DDSL)**

**Mrs Rachel Seneque - MAT Inclusion Lead**

**Miss Elizabeth Lane - Special Needs Coordinator (SENCo)**

**School Office: 01386 442047**



## Bengeworth CE Academy Early Help Offer

### What is Early Help?

At Bengeworth Academy all staff are committed to safeguarding and promoting the welfare of all children. We recognise the challenges that families face in bringing up children and know that there may be times when parents and carers may need a little extra help and support.

One of the ways we support parents and carers is through our 'Early Help Offer' which includes a range of services available in school, in addition to signposting to resources and services, which aims to support children and parents as soon as challenges or problems emerge.

This leaflet outlines some of the services available which come under Bengeworth's Early Help Offer. The full offer is available on the school's website:

[www.bengeworthacademy.co.uk](http://www.bengeworthacademy.co.uk)

## Family Support Professional



Mrs Jane Wadmore is our school Family Support Professional. She provides face-to-face support for families, including signposting to relevant resources and other services. Parents and carers can contact Mrs Wadmore directly through the dedicated Family Support email [familysupport@bengeworth.worcs.sch.uk](mailto:familysupport@bengeworth.worcs.sch.uk) or by completing an online referral form via the website on the tab: Parent Information – Family Support – Family Support Referral Form.

## EAL support

Mrs Monika Slowinska is our multi-lingual EAL Support Professional who supports parents and children for whom English is an additional language. In the classroom, she provides targeted and individualised programmes to support language acquisition and vocabulary for EAL children from Reception to Year 5.

## Educational Psychologist



Mr Kevin Mackelworth is the school's independent Educational Psychologist who works with our children and parents using his knowledge of child development, to assess difficulties children may be experiencing with learning. He also engages parents and carers in collaborative discussions about how to remove barriers to learning and develop strategies to support the inclusion of children with additional needs within lessons and at home.

## CAMHS CAST

We work closely with this professional body which is a service that sits within Worcestershire CAMHS (Child and Adolescent Mental Health Services). They work directly with young people experiencing, or at risk of, experiencing mental health difficulties. The service offers consultation, advice, support and training which can be tailored for parents and carers to support the needs of the child.

## School Nurse

We work closely with our school nursing team, who are able to provide advice and guidance to parents on a variety of health and wellbeing issues. They visit school regularly to meet with the safeguarding team and meet with parents, carers and children when required.

## Attendance Support

Every child whose attendance is below 95% is carefully monitored and support offered wherever possible, utilising the skills of our Ethos and Culture Lead, Mrs Katy Roleston, where appropriate. She is able to work with families to support and improve attendance, including conducting home visits, agreeing a joint home-school action plan and identifying further support where this is needed.

## Emotional Literacy Support (ELSA)

Where there has been an identified need regarding a child's social and emotional mental health, the school is able to provide support through a tailored 1:1 mentoring service with one of our ELSA trained members of staff.

## Speech and Language Support

We recognise that Communication and Language are both vital and complex skills that develop gradually over time from the moment a child is born. It is important that children develop a firm foundation of early skills, such as listening and playing, so that they can successfully develop skills such as using tricky sounds and spelling.



At Bengeworth, we have a highly trained Speech and Language support professional, Miss Claire Floisand, who works with children across the school, identifying needs through WellComm screening on entry. We also have a Speech and Language Therapist, Miss Katy Essex, who attends school weekly to assess children's speech and understanding, as well as supporting children on a 1:1 and small group basis.

## PSHE and Relationships Education

Our school delivers 'Personal, Social, Health and Economics' (PSHE) and 'Relationships and Sex Education' (RSE) through a carefully designed curriculum which supports children's understanding of how to keep themselves safe. It also broadens children's understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to staying healthy.